

KEIO SPRING BREAK SAMPLE ITINERARY - NYC GPI US EMPOWERMENT PROGRAM

Date	Time	Sample Activities	Transportation	Accommodation
Saturday 3-Apr		Orientation & Transfer to HF	Service Car	Host Family
Sunday 4-Apr		Spend Time with HF *Happy Easter	Public Transportation	Host Family
Monday 5-Apr	Activity 1	GPI Session 1: Dynamic Thinking - Discovering New Possibilities	Public Transportation	Host Family
	Activity 2	Museum Visit or Workshop or Company Visit		
	Activity 3	Spend Time with HF		
Tuesday 6-Apr	Activity 1	GPI Session 2: Understanding Self- Value	Public Transportation	Host Family
	Activity 2	Columbia Campus Tour & Fellowship		
	Activity 3	Spend Time with HF		
Wednesday 7-Apr	Activity 1	GPI Session 3: Growth Mindset vs. Fixed Mindset	Public Transportation	Host Family
	Activity 2	Guest Speaker or College Student Panel		
	Activity 3	Spend Time with HF		
Thursday 8-Apr	Activity 1	GPI Session 4: Personal Achievement	Public Transportation	Host Family
	Activity 2	Museum Visit or Workshop or Company Visit		
	Activity 3	Spend Time with HF		
Friday 9-Apr	Activity 1	GPI Session 5: Final Presentations	Public Transportation	Host Family
	Activity 2	NYC Learn & Lead		
	Activity 3	Spend Time with HF		
Saturday 10-Apr		Return to Keio	Service Car	

